

NUTRA IRON

NutraIRON® Iron Protein Succinylate 800 mg (40 mg elemental Iron) + 60 mg Vitamin C – Oral Solution:

Ingredients	Amount per 10 ml (1 vial)	% NRV *
Iron Protein Succinylate	800 mg (equivalent to 40 mg elemental iron)	285%
Vitamin C	60 mg	75%

*NRV= nutrient reference values

NutraIRON is an iron supplement containing vitamin C used in Prophylaxis and treatment of iron deficiency and iron deficiency anemia in children and adults, secondary to blood loss, pregnancy, and breastfeeding.

Composition:

One single-dose container 10 ml contains active ingredient Iron Protein Succinylate 800 mg (equivalent to 40 mg of Fe³⁺), in addition to 60 mg Vitamin C.

Indications:

Treatment of iron deficiency and iron deficiency anemia: latent or overt iron deficiency anemia in children and adults, secondary to chronic blood loss, pregnancy; breastfeeding.

Contra-indications:

Hypersensitivity to the active substance or to any of the excipients. Hemosiderosis, hemochromatosis. Aplastic and hemolytic anemia, anemia due to disturbances of iron utilization (sideroachrestic anemia). Chronic pancreatitis and liver cirrhosis secondary to hemochromatosis.

Precautions for use / Warning:

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6 years. In case of accidental overdose, call a physician or poison control center immediately. The treatment should not exceed 6 months, unless in the case of persisting bleeding, menorrhagia or pregnancy. Do not exceed the recommended daily dose.

Side Effects:

This supplement helps most people with iron deficiency but it may have unwanted side effects in a few people:
Nausea (feeling sick).
Vomiting.
Stomach irritation.
Constipation.
Diarrhea.
Temporary discoloration of the teeth.

Interactions:

Taking iron along with some drugs might decrease the effectiveness of them. To avoid this interaction take iron two hours before or two hours after taking them. Example of these drugs, some antibiotics, Bisphosphonates, Levodopa, Levothyroxine, Methyl dopa, and Penicillamine.

Dosage and method of administration:

The dose and duration of treatment depend on the degree of iron deficiency.

Adults: One vial per day (equivalent to 40 mg of Fe³⁺), or as directed by the doctor, preferably before food.

Children: Take 1 ml/kg/day from a vial container (equivalent to 4 mg/kg/day of Fe³⁺), or as directed by the doctor, in two administrations, preferably before food. Drink the solution out of the vial container or dilute it in natural water. SHAKE WELL BEFORE USE.

Duration of treatment:

The treatment must be carried on until total recovery of normal iron stores (usually for two–three months).

Storage conditions:

KEEP OUT OF REACH OF CHILDREN. Store in a well-closed container at a temperature not exceeding 25°C. Protect from Sunlight, Moisture, and Heat.

Packaging:

10 vials of 10 ml with packaging leaflet in a carton box.


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