

# OMEGALIC 3

## Fish Oil 1000mg

**PRODUCT INFORMATION:**

Serving Size 1 Softgel  
Servings Per Container 30

	Amount Per Serving	% NRV
Fish Oil contains omega-3 fatty acids:	1000 mg	*
EPA (Eicosapentaenoic Acid)	180 mg	*
DHA (Docosahexaenoic Acid)	120 mg	*
Vitamin E	3 mg	25%

**Other ingredients:** gelatin, glycerin, purified water.

NRV – Nutrient Reference Values  
\* NRV not established

**Omegalic-3 contains 1000 mg fish oil to provide adequate quantities of essential fatty acids. EPA and DHA are the most important omega-3 fatty acids which help improve risk factors for heart disease, support immune system, enhance brain function, vision, prevent and treat depression and anxiety, fight Age-Related Mental Decline and Alzheimer's disease, and improve bone strength and joint health, potentially reducing risk of osteoporosis and arthritis.**

**Recommended daily intake:** Adults, take 1 softgel daily preferably with meal, or as directed by a physician.

**Warnings:** Consult your doctor before use if you are pregnant or nursing, taking medication, or have a medical condition. Dietary supplements should not be used as a substitute (replacement) for a varied diet. The product contains fish derivatives.

**Storage:** Store in a cool, dry place at a temperature below 25°C. Keep out of reach of children.

**Packaging:** 30 Softgels with an enclosed leaflet in a carton box.



**Nutralic**  
Drugs & Vitamins

Marketing Authorization Holder:

**Nutralic Sp. z o.o.**

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