

# Ketolic Dietary Supplement

Each tablet contains		%NRV
Vitamin D	5 µg	100%
Thiamin (vitamin B1)	1.1 mg	100%
Riboflavin (vitamin B2)	1.4 mg	100%
Niacin	7 mg	44%
Vitamin B6	1.4 mg	100%
Vitamin B12	50 µg	2000%
Pantothenic acid	6 mg	100%
Magnesium	13 mg	3%
Potassium	9 mg	<1%
Gamma-aminobutyric acid (GABA)	125 mg	*
L - glutamine	59 mg	*

\* No NRV assessed  
NRV= nutrient reference values

**Ingredients:** Acidity regulator: citric acid; bulking agent: sorbitol; acidity regulator: sodium hydrogen carbonate; gamma – aminobutyric acid (GABA); L – glutamine; magnesium carbonate; orange flavouring; firming agent: polyethylene glycol; potassium bicarbonate; sweeteners: aspartame, sodium saccharin; beetroot concentrate; nicotinamide (niacin); calcium D – pantothenate (pantothenic acid); pyridoxine hydrochloride (vitamin B6); riboflavin (vitamin B2); thiamin mononitrate (thiamin); colour: beta – carotene; cyanocobalamin (vitamin B12); cholecalciferol (vitamin D3).

**Ketolic** provides a high potency blend of GABA, L-glutamine, electrolytes, B & D vitamins which can help fill in any nutrition gaps in your diet and to promote overall wellness. It has everything you need to fortify your ketogenic diet.

Taking **Ketolic** daily will prevent side effects of the keto diet and make it more effective.

The keto diet is a high-fat, adequate-protein, low-carbohydrate diet that has been popular lately for helping people lose weight.

**DIRECTIONS:** Take 1 tablet per day, dissolved in a glass of water (200 ml).

**WARNINGS:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. The product should be consumed immediately after preparation. Do not exceed the recommended daily dose. Food supplements must not replace a varied, balanced diet and a healthy lifestyle. Do not ingest if you are allergic to any of the ingredients. Excessive consumption of sorbitol may have a laxative effect. Dietary Supplement contains a source of phenylalanine.

**STORAGE:** Keep the tube tightly closed in a dry and cool place, out of the reach of children. Below 25°C.

**PACKAGING:** 20 effervescent tablets in a tube with an enclosed leaflet in a carton box.

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Marketing Authorization Holder:  
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