

Face 1

NutraFlex

Serving size: 2 Tablets
Servings per container: 30

	Amount per serving	%NRV*
Calcium Carbonate	1352 mg (500 mg calcium)	63%
Glucosamine Sulphate	750 mg	**
Chondroitin Sulphate	600 mg	**
Methylsulfonylmethane	300 mg	**
Hyaluronic Acid	200 mg	**
Hydrolyzed Fish Collagen	200 mg	**
Vitamin C	150 mg	188%
Magnesium oxide	100 mg (60 mg magnesium)	16%
Inulin	100 mg	**
Vitamin B12	50 µg	2000%
Ginger Extract	20 mg	**
Vitamin D3	20 µg	400%
Vitamin K2	60 µg	80%
Vitamin B2	1.1 mg	79%

*NRV= nutrient reference values

** Nutrient reference value not established

Ingredients: Acidity regulator: citric acid; calcium carbonate (calcium); acidity regulator: sodium bicarbonate; bulking agent: sorbitol; glucosamine sulfate (D-glucosamine sulfate potassium chloride) (from crustaceans); chondroitin sulfate (chondroitin sulfate sodium salt) (from fish); methylsulfonylmethane; sodium hyaluronate (hyaluronic acid); hydrolyzed fish collagen; orange flavouring; L-Ascorbic acid (vitamin C); firming agent: polyethylene glycol; magnesium oxide (magnesium); inulin; sweetener: sodium saccharin; ginger root extract (Zingiber officinale) DER 4:1; riboflavin (vitamin B2); menaquinone (vitamin K2); cyanocobalamin; (vitamin B12); cholecalciferol (vitamin D3).

NutraFlex reduces the symptoms of Osteoarthritis- the most widespread type of the degenerative joint disease: joint pain, stiffness, reduced flexibility and gradual deformation of the affected joint.

Calcium Carbonate promotes the growth and health of bone. **Glucosamine Sulphate, Chondroitin Sulphate** and **Hyaluronic Acid** are natural substances found in the tissue of the joints.

Glucosamine is a natural element formed in our bodies from glucose. With age, the amount of Glucosamine that our bodies create decreases. As a result, cartilage and bones begin to get damaged, as well as joints because lubricants and synovial fluid decrease. Glucosamine helps the formation and repair of cartilage.

Chondroitin (a carbohydrate) is a component of the cartilage, which prevents water penetration into tendons and joints. It prevents joints destruction and helps the mechanical characteristics of the joints.

Fish collagen is a complex structural protein that helps maintain the strength, flexibility of joints and also supports bone health. It has ability to increase the body's own natural collagen production. Collagen makes up 90% of the organic matrix of our bones -One of the most common signs of aging is the loss of bone mass-. **Hyaluronic Acid** is found in the highest concentrations in fluids in the joints. It works by acting as a cushion and lubricant in the joints, keeping the space between your bones well lubricated and reducing joint pain.

MSM (Methyl Sulfonyl Methane) is a source of organic sulphur, which takes part in collagen formation and cartilage preservation. MSM is effective in reducing joint pain, stiffness and swelling.

Vitamin C assists in the formation of collagen, building bone density by stimulating the cells that build bone.

Magnesium oxide strengthens bones; maintains nerve and muscle function; regulates heart rhythm and blood sugar levels; and helps maintain joint cartilage.

Inulin increases calcium and magnesium absorption.

B Vitamins has an important role in bone-cell formation and function, and it helps keep homocysteine levels from rising and weakening bones.

Vitamin K2 activates the calcium-binding actions of two proteins – matrix GLA protein and osteocalcin, which help to build and maintain bones.

Ginger Extract has a favourable effect on joint bloating and pain.

Vitamin D3 encourages the absorption and metabolism of phosphorus and calcium.

NutraFlex containing revolutionary ingredients like Glucosamine sulfate, Chondroitin sulfate, Hydrolyzed Fish Collagen, MSM, Ginger Extract and allows you to experience a great benefit to your health by consuming **NutraFlex** as a nutritional supplement.

Face 2

NutraFlex

NutraFlex is recommended for:

- In case of premature (early) wearing out of the joints;
- Promoting recovery process after traumas;
- In case of joint tension and pain.

Contraindication:

- Do not exceed the recommended daily dose.
- Do not use the product as a substitute (replacement) for a varied diet.
- Do not ingest if you are allergic to any of the ingredients.

Warning:

Glucosamine may increase insulin resistance. Those with type 2 diabetes and those who are overweight and have problems with glucose tolerance should have their blood sugars carefully monitored if they use glucosamine supplements. Because of insufficient safety data children, pregnant women and nursing mothers should avoid using glucosamine.

The product contains fish and crustaceans derivatives. Excessive consumption of sorbitol may have a laxative effect.

Directions:

2 tablets daily. Dissolve 1 tablet in 200 ml of water. The product should be consumed immediately after preparation.

Recommended usage period:

From 3 to 6 months. This period can be extended up on a physician prescription.

Storage conditions:

The dietary supplement should be stored in dry place at 8-25 °C in a closed package. Dietary supplements should be kept away from children and sunlight exposure.

Packaging:

20 effervescent tablet in tube, 3 tubes per 1 container.



Marketing Authorization Holder:

Nutralic Sp. z o.o.

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www.nutralic.pl

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