

**Carefully read the leaflet because it contains important information for the person using the supplement.**

#### LEAFLET

##### **Active Bull**

Sugar-free chewing gum containing sweeteners with a mint flavour.

Active Bull chewing gum with caffeine, taurine and L-carnitine. The active ingredients of the gum stimulate the nervous system, improve associative processes improving memory, reduce fatigue and sleepiness.

**Caffeine** is an energising agent which can be found in coffee beans and tea leaves. Caffeine removes tiredness, improves mood and concentration. In small quantities it has a good effect on functioning of a human organism.

**Taurine** is produced in small quantities in brain and liver. Its natural source is meat, offals (for instance liver), fish and mussels. Taurine helps in education, increases organism efficiency and speeds up regeneration of muscles after physical effort.

**L-carnitine** is a natural chemical compound responsible for transport of fatty acids which

releases energy necessary for proper functioning of our organism. L-carnitine improves the work of muscles, stimulates blood circulation, reduces the feeling of tiredness, increases flush of energy.

**Chilli pepper** (*Capsicum frutescens*) comes from tropical areas of South America. Its properties exist thanks to capsaicin, a substance responsible for its hot taste. Chilli has a positive effect on the mood, increases resistance to stress.

**Ginseng root extract (Panax ginseng)** grows in China, on Korean peninsula, in Japan and in East Siberia. Because of its shape it is known in China as "a human-root". Its positive effect on human organism has been known for over 4000 years, mainly the fact that it gives energy, increases resistance to stress, improves concentration and it has anticancer effect.

##### **What is a Active Bull chewing gum?**

Active Bull is a source of energy for people who need stimulation while having increased psychophysical effort. It helps to increase concentration, improves brain activity and thus speeds the process of learning up. It increases organism efficiency during physical effort. It removes tiredness. It improves the mood. It speeds up the metabolism.

To achieve optimal effect we offer you **Active Bull** chewing gums. While chewing, the components of a chewing gum dissolved in saliva penetrate into organism through mucous membrane of mouth cavity. Thanks to it, their effect is felt almost immediately.

**Ingredients** : sweeteners sorbitol, isomalt, maltitol, xylitol, steviol glycosides; rubber base (contains lecithins from soya), contains traces of soya lecithin which results from the

technology of rubber base production, taurine, flavours, caffeine, L-carnitine (tartrate - carnitine), thickener gum arabic, dye E171, glazing substance carnauba wax, chilli pepper (*Capsicum frutescens*), moisture holding substance glycerine.

**Consumption in excessive quantities may have a purgative effect.**

##### **Nutrient content per 100 g product :**

energy value - 600 kJ/ of 144 kcal; fat - 0 g (including saturated fatty acids 0); carbohydrate-s of 60 g (including polio le 60 g, sugars - 0 g); protein -0 g; salt - 0g

##### **Available packages**

A packet contains:

Chewing gum, dragees 6 pieces ,  
Net weight 9 g

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##### **Indications and effects**

A bitter taste guarantees the highest quality of the components used in production and high effectiveness of the energising chewing gum.

- It removes tiredness,
- Improves mood and concentration,
- Makes it easier to learn,
- Increases the promptness of reaction and organism efficiency,
- Speeds up the metabolism

##### **Contraindications:**

Do not use if you are pregnant or nursing a baby.

Do not use if you are hypersensitive to any component of a chewing gum. Do not use in conjunction with alcohol. While using, limit consumption of other products containing caffeine such as coffee, tea, Cola drinks, etc.

##### **Dosage :**

**Recommended daily portion of 5 pieces .**

##### **One dragee contains:**

- Taurine - 100 mg
- Caffeine - 18 mg
- L-carnitine - 150 mg
- Chilli - 2 mg
- Ginseng root extract 30 mg

Do not take more than 5 chewing gums a day.

Daily portion contains:

- Taurine - 500 mg
- Caffeine - 90 mg
- L-carnitine - 750 mg
- Chilli - 10 mg (content of capsaicin 0,8 mg)
- Ginseng root extract ( Panax Ginseng ) 150 mg

Melting of a gum while chewing is a natural process guaranteeing perfect absorption of active components.

##### **Storage:**

Keep in dry and cool place. Do not place the product in direct sunlight. Keep away from children.  
Do not use after expiry date on the package.

[www.nutralic.pl](http://www.nutralic.pl)



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