

NUTRA OMEGA

Dietary supplement Drops

Content per 1 ml:

Vitamin D3 (cholecalciferol) – 400 IU

Vitamin E (tocopheryl acetate) – 5 mg

Lutein – 5 mg

DHA (Docosahexaenoic Acid) – 288 mg

EPA (Eicosapentaenoic Acid) – 60 mg

Nutra Omega® Drops are a combination of Vitamin D3, Vitamin E, Lutein, DHA and EPA.

Vitamin D3 (cholecalciferol) is a fat-soluble vitamin that helps your body absorb calcium and phosphorus. Having the right amount of vitamin D, calcium and phosphorus are important for building and keeping strong bones and teeth. Vitamin D is used to treat and prevent bone disorders (such as rickets, osteomalacia). Vitamin D3 also helps in regulating the immune system and cell growth. Breast milk usually has low levels of vitamin D, so Vitamin D drops are given to breastfed infants. Vitamin D with calcium is used to treat or prevent bone loss (osteoporosis). Vitamin D is also used with other medications to treat low levels of calcium or phosphate caused by certain disorders (such as hypoparathyroidism, pseudohypoparathyroidism, familial hypophosphatemia).

Vitamin E (tocopheryl acetate) is an antioxidant that protects body tissue from damage caused by substances called free radicals, which can harm cells, tissues, and organs. Vitamin E is important in the formation of red blood cells. It also helps keep the immune system strong against viruses and bacteria.

Lutein is called "the eye vitamin". It is one of two major carotenoids found as a color pigment in the human eye (macula and retina). It helps to shield cells in the retina from high-energy blue light, thereby also reducing the risk of light-induced oxidative damage that could lead to Age-Related Macular Degeneration (AMD). Common sources of blue light include sunlight and the display screens of digital devices such as computers, tablets, and smartphones.

DHA and **EPA** are omega-3 fatty acids which are the primary component of the human brain, skin, retina and cerebral cortex. DHA and EPA enhance brain function, vision, and nervous system development. They also help kids improve learning skills, fight several autoimmune diseases and support their immune system. DHA and EPA help prevent and treat depression and anxiety, fight Age-Related Mental Decline and Alzheimer's disease, decrease the risk of some types of cancer, and improve bone strength and joint health, potentially reducing risk of osteoporosis and arthritis.

Warning:

Do not exceed the recommended intake.
The product contains fish derivatives.

Recommended Daily Dose:

1-3 years: As directed by the physician.

4 - 13 years: 1ml daily, or as directed by a physician.

14 years and above: 2ml daily,
or as directed by a physician.

Administration:

Shake well before use and clean dropper thoroughly after each use with cooled bottled water.

Storage conditions:

Do not use if seal is broken.
Keep out of reach of children.
Store in a cool dry place below 25 °C, away from direct sunlight.
Once opened for optimum taste keep refrigerated and use within 4 months.

Packaging:

Bottle 30 ml with packaging leaflet in a carton box.



Marketing Authorization Holder

Nutralic Sp. z o.o.

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www.nutralic.pl