

## NutraCharm

### Dietary Supplement

**NutraCharm** provides the perfect number of vitamins, minerals, antioxidants specially designed to improve for healthy hair, skin, & strong nails. This blend also supports nutritional balance and helps convert food into energy, aid in cellular repair and supports general wellness.

It helps to maintain a healthy body and immunity with vitamin A, C, E, B-Complex and selenium. Enriches your diet with high-quality vitamins & minerals, natural extracts of Horsetail extract and Hydrolyzed fish collagen. Vitamin C for healthy skin hydration. Antioxidants to fight cell aging. Hydrolyzed Collagen supports hair and nails growth.

#### **INDICATIONS:**

- Support to get Healthy Skin, Hair & Nails
- Boost your Immune System and Energy Levels
- Support Heart, Bone, Eye Health
- Support Healthy Brain
- Promote Healthy Joints

**WARNINGS:** If you are pregnant, nursing, or taking medication, consult your doctor before use. This product is not intended to diagnose, treat, cure or prevent any disease.

#### **DIRECTIONS:**

- Take one capsule daily with food.
- Not formulated for use in children.
- Do not exceed suggested use.

#### **STORAGE:**

- Store below 25°C. Store in a dry place & avoid excessive heat.
- KEEP OUT OF REACH OF CHILDREN.

#### **PACKAGING:**

- 30 capsules with an enclosed leaflet in a carton box.

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### Supplement Facts

Serving Size: 1 capsule | Servings per Container: 30

	Amount per Serving	%NRV
Vitamin A (retinol acetate)	1500 mcg (5000 IU)	188%
Vitamin E (DL-alpha-tocopheryl acetate)	16.5 mg	138%
Vitamin C (L-ascorbic acid)	60 mg	75%
Vitamin D3 (cholecalciferol)	20 mcg (800 IU)	400%
Vitamin B1 (Thiamine HCl)	5 mg	454%
Vitamin B2 (riboflavin)	5 mg	357%
Vitamin B3 (niacinamide)	25 mg	156%
Vitamin B5 (calcium D-pantothenate)	15 mg	250%
Vitamin B6 (pyridoxine hydrochloride)	5 mg	357%
Folic acid (pteroylmonoglutamic acid)	265 mcg	133%
Biotin (D-biotin)	500 mcg	1000%
Vitamin B12 (cyanocobalamin)	8 mcg	320%
PABA (para-aminobenzoic acid)	10 mg	+
Iron (iron gluconate)	3 mg (24 mg)	21%
Zinc (zinc gluconate)	7.5 mg(53 mg)	75%
Selenium (from selenium yeast)	12.5 mcg	23%
Manganese (manganese gluconate)	5 mg (43 mg)	250%
Choline bitartrate	10 mg	+
Alpha Lipoic Acid	10 mg	+
Horsetail extract	3 mg	+
Hydrolyzed (fish) collagen	50 mg	+
Hyaluronic acid (sodium hyaluronate)	30 mg	+
Inositol	40 mcg	+

NRV= Nutrient reference value

+No NRV assessed

**Other ingredients:** Magnesium salts of fatty acids.



Marketing Authorization Holder:  
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[www.nutralic.pl](http://www.nutralic.pl)