

# Nutra C

1000 mg *Max*

Dietary Supplement

## COMPOSITION:

Ingredient	Per tablet	NRV*
Vitamin C (L-ascorbic acid)	1000 mg	1250%

\*NRV= nutrient reference values

## Ingredients:

acidity regulator: citric acid; L-ascorbic acid (vitamin C); bulking agent: sorbitol; acidity regulator: sodium bicarbonate; lemon flavouring; firming agent: polyethylene glycol; sweeteners: aspartame, sodium saccharin; dye: riboflavin.

The Nutra C Max effervescent tablets have a pleasant lemon flavour and replenish our body's Vitamin C levels to provide optimum support for our immune system and general wellbeing. Vitamin C protects our cells from oxidative damage, maintains good energy levels and helps to reduce tiredness and fatigue.

Vitamin C is an important antioxidant that helps the body act as first defense against free radicals. Vitamin C is a cofactor of enzymes involved in the formation of collagen, the most abundant protein essential in the formation of bones, teeth, cartilage and skin.

Vitamin C is a part of the body's natural immune system; It stimulates the activity of antibodies and immune cells which inhibit foreign antigens such as bacteria and viruses that are harmful to the body.

## INDICATIONS:

- Helps maintain a healthy immune system;
- Assists collagen formation, helping the normal function of cartilage, skin, bones and teeth.
- Provides antioxidant support.

- No Added Sugar
- No Alcohol
- No Artificial Flavourings or Colors
- No Preservatives
- Lactose Free
- Gluten Free

## WARNING:

The recommended intake should not be exceeded.

This product is not intended to diagnose, treat, cure or prevent any disease.

Food supplements must not replace a varied, balanced diet and a healthy lifestyle.

Do not ingest if you are allergic to any of the ingredients.

Excessive consumption may have a laxative effect (sorbitol > 10%).

## DIRECTIONS:

Take 1 tablet per day, dissolved in a glass of water (200 ml).

## STORAGE:

Keep the tube tightly closed in a shady, dry place in the temperature 8°C – 25°C, out of the reach of children.

## PACKAGING:

20 Effervescent tablets in a tube with a packaging leaflet in a carton box.

  
Manufacturer & Marketing Authorization Holder  
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